

TANZANIA SCHOOLS PROJECT

CLIMB MT KILIMANJARO

- Build classrooms and renovate schools, helping provide quality education
- Live & work alongside the local community in rural Tanzania, learn Swahili
- Create sustainable incomes for schools and communities
- Climb the highest free standing mountain on the planet!

Babati is the regional capital of the recently formed Manyara Region. It has a population of approx 30,000 of which approx half are under 16 years old. Since 2008, Quest Overseas has been working with the Livingstone Tanzania Trust in a number of schools near Babati, developing education facilities through construction of additional classrooms. Local schools struggle to provide free primary education, yet without a good education the children will find it near impossible to escape a life of deprivation. By helping develop income-generating activities within schools and the wider community you can help motivate young people to fight poverty for themselves. Work shoulder to shoulder with the local community to build and renovate classrooms, develop community farms and gardens, and play plenty of games with the children.

Take time out from work to learn Swahili, visit local tribes, and get to grips with the local culture – visits to Lake Babati, the town's markets and homestays will all help with this and no trip to Tanzania is complete without a football match against the local Babati team!

Take on the ultimate challenge and climb the highest mountain in Africa. You will have two weekend treks to prepare for the climb while working on the project. The climb will take 6 days and will be led by highly experienced guides through varied terrain to summit at 5895m on Kilimanjaro's snowy peak. The climb will push you to your limits but you will be rewarded with an awe inspiring view from 'the roof of Africa'! The perfect way to finish a truly incredible time in Tanzania that you will never forget.

Activities: Community development, building, farming, education in schools, language classes, impromptu games of football, Lake Babati and climbing Mt Kilimanjaro.

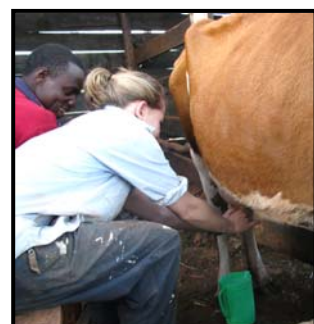
Team size: 8-16 people

Departs: July each year

Cost: 4 weeks = £1100 + £650 donation

5 weeks (inc optional Kilimanjaro Climb) = £2,295 + £650 donation

Includes all accommodation, food, activities, in-country travel, local tipping, airport transfers, Quest leader, personal travel insurance, £650 project donation to the Livingstone Tanzania Trust. Excludes international flights.



What to Expect:

Where?

Babati is located in Northern Tanzania on the shores of Lake Babati and close to Lake Manyara and Ngorogoro National Parks. The communities here are extremely poor and lacking many basic facilities are taken for granted in the UK. Only 50% of children attend primary school in the country and even fewer carry on to secondary.

What?

Working with Livingstone Tanzania Trust (LTT), you will be helping to improve education facilities in the Babati area. In particular working at Waang'waray and Sinai Primary Schools constructing and renovating classrooms to reduce class sizes and allow more children to attend. You will also be working on sustainable agriculture projects, which generate food and income for the school and demonstrate new techniques: constructing enclosures for animals, creating innovative 'keyhole gardens'.

LTT work hand in hand with schools and communities so we know the work we do is what's needed most – therefore no two projects are the same! Work includes basic construction – cement-mixing, carrying rocks and sand, making mud bricks...

You will also run school sports days, lead informal conversation and other lessons – and get to know the kids who are never far away!

Weekend Activities:

There will be the opportunity to relax in Babati at the lake and in town, or if you are feeling energetic climb nearby Kwar'aa, the 4th highest mountain in Tanzania. Community approval permitting, you will also spend a night on 'home stay' with a Tanzanian family. Then, as a celebration of all your hard work, the team will head off on safari through nearby Tarangire or Manyara National Park.

Accommodation:

Very basic with bush showers and kitchen. No electricity or running water. Sleeping will be a mix of camping indoors and outdoors. Secure accommodation with day and night guards.

Food:

You will be eating local food such as rice, beans, maize meal and vegetables from the school farm. Fish from the school ponds and Lake Babati may also be available depending on the time of year. Practice your Swahili skills doing the food shopping at the local market.

Weather:

The wet season ends around May, so the weather is likely to be warm-hot during the day with little chance of rain. The evenings and nights will be cool.

Kilimanjaro Climb:

One or two short treks while on project will help prepare you for this challenge. The climb itself will take 6 days, summiting on the morning of the 5th day and then 2 days to descend. Quest has

chosen an intrepid route which is stunningly beautiful. The climb is steep but ascent is taken very slowly. Although the climb is not technical and no rope work is needed, the freezing

temperatures (-20°C and below) and rapidly increasing altitude makes this a tough climb. You will be camping on the mountain and the team will be assisted by a number of guides and porters.

Every precaution is taken to make the climb as safe as possible however due to the high chance of altitude sickness not everyone in the team will necessarily summit.

Pre-departure Preparation:

Quest provides Pre-Departure Training in the UK for the team. This is in addition to the in-country Orientation Days you will receive when you arrive in Africa. Our UK Pre-Departure Training covers *responsible travel, cultural awareness, health & hygiene, risk assessment, teamwork, fitness and onward travel*. It also provides you with the opportunity to meet the rest of your team and your leaders before going overseas.

Fitness:

You will be working long days and using muscles that you never knew existed, so make sure you're in good shape before arriving. Although the project phase will give you a good level of fitness it is imperative that you are fit before departing for Tanzania.

Climbing Kilimanjaro should not be underestimated. People react differently to altitude regardless of their relative fitness, however the fitter you are the better you will cope with the climb.

Tribes and Language:

You will meet a variety of tribes during the project, including the Goroan and Iraki. Swahili lessons are provided on the project and will enable you to get you closer to the people and the culture.

How much does it cost, and where does my money go?

Project	£1,100
(inc. optional Kilimanjaro Climb)	£2,295
60% - payment for your trip, this is what gets spent overseas during your trip	
25% - staff, both UK and overseas	
15% - office costs, project and expedition research, boring admin	

Project Donation:

£650
This goes straight to the Livingstone Tanzania Trust to be spent on your project. The majority will go on building materials and local wages as well as transporting materials. A small amount of donation will go on food for the team and accommodation while on project. All weekend activities and orientation costs are excluded from your project donation.

Responsible Travel:

Responsible Travel is an ethos that should be at the heart of all travel. For all of us at Quest Overseas it is about making a tangible 'positive impact' on humanity and the environment with everything that we and our volunteers do. Quest was highly commended in the 2008 Responsible Tourism Awards. Ask us for more information!



Quest Overseas

15A Cambridge Grove
Hove
East Sussex
BN3 3ED
01273 777206
Info@questoverseas.com
www.questoverseas.com